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S P O K A N E C O U N T Y L I B R A R Y D I S T R I C T

## Adults can create, explore nature, gain insights, get support with August library programs

**Spokane, WA | July 18, 2024** – Spokane County Library District announces its lineup of August programs for adults to explore and learn new things, create, and find support. All library programs are offered at no cost.

The [Glowforge Basics](#) program provides the knowledge to convert your 3D ideas into design files, including which design software to use, material selection, safety measures, and ways to book an appointment to use the library's Glowforge. Add pizzazz to your table-top board and roleplaying games with a custom, laser-printed dice tower during [Glowforge: Create a Dice Tower](#).

During [3D Printing: Dice Roller](#), kids and parents pair up to create a customized dice roller for use with board games, role-playing games, or other games of your own making.

Explore the needlework skill used to create pieces of decorative and functional art during [Cross-Stitching for Beginners](#) (all supplies are provided). [Create a Watercolor Landmark Accordion Book](#) of a Spokane street front with your favorite iconic buildings and landmarks, using a fun and whimsical style.

Home gardeners are encouraged to bring in their extra produce (fresh only) to a [Produce Swap](#) and take home something different from another garden. For help with a wide variety of horticulture issues, stop by the [WSU Extension Master Gardeners Plant Clinic](#) at Cheney Library (610 1st St, Cheney). During the talk [A Walk Through a Night Garden](#), discover what you need to create a night garden, including fragrant plants, white flowers, lighting, and moon gardening.

Walk along the trail around Medical Lake and learn about the lake's history and natural science with Chad Pritchard, professor of Geology at EWU, during [Medical Lake Geo-Walk & Water Sampling](#). Karie Lee Knoke, a contestant on TV series *Alone* and writer for *Primitive Skills* and *Out There Outdoors* magazine, leads you through trails during [Medicinal & Edible Plants Hike: Liberty Lake Regional Park](#).

For a tasty experience, spice experts recommend flavors to tempt tastebuds and pair with movies during [Popcorn Seasonings & Movie Pairings](#).

Businesses can see how to streamline workflows, enhance collaboration, and effectively manage tasks and projects in the online workshop [Google Workspace for Your Business](#) with SCORE Business.

Dementia Friends help create a dementia-friendly community and offer three different programs in August: [Dementia Friends Information Session](#), [Dementia Friends Champion Training](#) and [Dementia Caregivers Professional Training](#).

The weekly [Tuesday Memory Café](#) at North Spokane Library (44 E Hawthorne Rd, Spokane) is a comfortable way to connect with other caregivers and people experiencing memory loss while socializing, building new support networks, and trying out activities and crafts.



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**[A Matter of Balance: Preventing Falls](#)** sessions are designed for older adults who are concerned about falling. Participants learn the strategies to set realistic goals for increasing activity and identifying environmental adjustments to reduce risk factors.

Everyone is encouraged to sign up for the **[Vitalant Blood Drive](#)** taking place at Spokane Valley Library (22 N Herald Rd, Spokane Valley). Donors receive a gift card provided by Vitalant.

Volunteers can learn how to help children improve their reading skills and gain confidence as a reader during **[Reading Buddy Volunteer Orientation](#)**.

Medicare sessions at the library are free, unbiased, and include **[Reading Medicare Summary Notices & Being Aware of Medicare Fraud](#)**, **[Medicare One-on-One Counseling](#)**, and **[Medicare-Related Cost Saving Programs](#)**.

During the free **[Homebuyer Education Seminar](#)**, participants explore all of the major aspects of the home-buying process in an unbiased format with SNAP Spokane instructors certified by the Washington State Housing Finance Commission.

The August lineup for the SCLD Online Authors Series brings you engaging, online author talks:

- **[Your All Access Pass Behind the Scenes at the Space Station with Smithsonian Curator Dr. Jennifer Levasseur](#)**
- **[The Golden Ticket to College Admissions Is Not What You Think: Redefining Success for Parents of Teens with Irena Smith, PhD](#)**
- **[An Exploration of Friendship, Reckoning, and Hope with novelist Shelby Van Pelt](#)**

Learn more about these programs at **[www.sclld.org/adults-events](http://www.sclld.org/adults-events)**.

*Spokane County Library District provides resources, experiences, and places that empower people to learn, explore, and succeed. The District operates 10 libraries that include Airway Heights, Argonne, Cheney, Deer Park, Fairfield, Medical Lake, Moran Prairie, North Spokane, Otis Orchards, and Spokane Valley as well as the mobile library LINC. District library cards are free to Spokane County residents.*

*For more information about our libraries and programs, please visit **[www.sclld.org](http://www.sclld.org)** or call 509.893.8200.*

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