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SPOKANE COUNTY LIBRARY DISTRICT

25+ library events for adults to create, explore, learn, enjoy in October

Spokane, WA | September 17, 2024 – Spokane County Library District (SCLD) announces its lineup of October library programs and events for adults and small businesses.

A mix of programs for adults offer creative, memorable, and delicious classes with local experts and professionals, including sewing and embroidery, painting, 3D printing, virtual reality, and world cooking.

- Spokane Falls Needlework Guild Retreat
- Spooook-ane Ghost Painting
- 3D Printing: Festive Frames
- Maker Open Hours in The Lab

- Experience Virtual Reality
- Project Memory: Digitizing Home Movies
- World Cooking: Mediterranean Food

Our fall gardening programs are presented by a WSU Extension Spokane County Master Gardener Volunteer, a professional gardener, and a mycologist:

- Seed Saving with Spokane Valley Library's Meadow
- Gardening: Getting a Jump on Spring

- Seed Saving
- Mushroom Identification

Learn about our genealogy resources and get help from experienced genealogy enthusiasts during **Genealogy for Beginners** and our **Genealogy Drop-In Session**.

Our wellness, support, and Medicare sessions include:

- Tuesday Memory Café meetups
- Dementia Friends Information Session
- Dementia Friends Champion Training
- Identifying Indications for & Administering Naloxone (Narcan)
- A Matter of Balance: Preventing Falls
- Medicare: Getting Started
- Medicare Open Enrollment: What You Need to Know
- Medicare One-on-One Counseling

Mark your calendar for an insightful, in-person author talk <u>Spokane Is Reading Presents Perma Red by</u> <u>Debra Magpie Earling</u> on Thursday, October 24.

The SCLD Online Authors Series brings you three talks in October:

- Drs. Rachel Page, Dina Dechmann, and Teague O'Mara discuss the remarkable biodiversity of bats on Barro Colorado Island in Panama during <u>A Journey into the Hidden World of Tropical Bats with</u> <u>Scientists from the Smithsonian Tropical Research Institute</u>.
- Silvia Moreno-Garcia discusses her writing, including her most recent novel *The Seventh Veil of Salome* in her author talk **Liberating Latin American Genre Fiction**.
- Lori Gottlieb discusses her memoir *Maybe You Should Talk To Someone: A Therapist, Her Therapist, and Our Lives Revealed* during her talk **Examining the Truths and Fictions We Tell Ourselves**



CONTACT

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During the SCORE Spokane business workshop <u>Marketing Tips for a Winning Holiday Season</u>, discover useful tips and actionable steps for a holiday marketing plan that leverages the channels that matter most to your business and customers.

You can find these library programs and more in our most recent issue of Engage at scld.org/engage.

Spokane County Library District provides resources, experiences, and places that empower people to learn, explore, and succeed. The District operates 10 libraries that include Airway Heights, Argonne, Cheney, Deer Park, Fairfield, Medical Lake, Moran Prairie, North Spokane, Otis Orchards, and Spokane Valley as well as the mobile library LINC. District library cards are free to Spokane County residents.

For more information about our libraries and programs, please visit www.scld.org or call 509.893.8200.

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