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## SPOKANE COUNTY LIBRARY DISTRICT

# Library events that empower, inform, assist the community

**Spokane, WA | January 23, 2025** – Spokane County Library District (SCLD) announces the library classes, workshops, and events for adults, teens, and kids, starting as early as January 27 and throughout the month of February.

#### For Adults

The <u>Empowered Caregiver Workshop Series</u> teaches caregivers how to navigate the responsibilities of caring for someone with dementia, while caring for their own well-being. <u>A Matter of Balance:</u>

<u>Preventing Falls</u> classes take place over several weeks. Participants learn strategies for setting realistic goals for increasing activity and identifying environmental adjustments to reduce risk factors. Both of these sessions begin January 27.

The <u>Ice Age Floods Institute</u> talks return with new topics, starting in February. The presentation <u>Google</u> <u>Earth & the Field Notes of Bretz & Pardee</u> takes a look at J. Harlen Bretz's field notes about the historic ice age floods and Joseph Pardee's USGS field notes, now visible through Google Earth.

Make reading a delicious occasion by attending <u>Chocolate Tasting & Book Pairing</u>. Sign up to try different flavors from Halletts Chocolates and get suggestions for books that pair well with them.

Gardening and urban farming enthusiasts, as well as anyone curious, can grow their knowledge this season during Chicken Keeping Basics and Pruning & Planting Fruit Trees.

During <u>AARP Free Tax Aide</u>, residents may be able to get help filling out and filing their taxes at four SCLD locations: Argonne, Cheney, Moran Prairie, and Spokane Valley Libraries. Help is by appointment only.

Knowing the numbers that make up financial statements is important to the health and success of all small businesses. Learn more during the online workshop <u>Financial Statement Basics for a New Business</u>, presented by SCORE Spokane.

February's online author talks include Smithsonian Curator <u>Samantha Sholts</u>, award-winning author <u>Waubgeshig Rice</u>, and Pulitzer Prize Finalist <u>Lee Hawkins</u>. <u>Sign up today</u> to submit questions for the live events.

#### For Teens & Tweens

Drop in anytime during the <u>Swifties Celebration: Friendship Bracelets</u>, a Taylor Swift party for tweens and teens ages 10–14. Have fun creating and exchanging friendship bracelets, sharing Taylor Swift trivia knowledge, and trying out other fun crafts and activities.



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#### For Kids & Families

STEAM (science, technology, engineering, art, mathematics) programs for kids and/or families include <a href="LEGO Free Play"><u>LEGO Free Play</u></a>, <a href="Terrific Tuesdays"><u>Terrific Tuesdays</u></a>, <a href="Mode Wednesdays"><u>Wonder Wednesdays</u></a>, <a href="STEAM-Themed Thursdays"><u>STEAM-Themed Thursdays</u></a>, and <a href="Homeschool"><u>Homeschool</u></a> <a href="Homeschool">Hodgepodge</a>.

Young children and their caregivers can enjoy stories and activities to build early literacy skills, all while having fun, at our weekly <u>Play & Learn Storytime</u> programs at nine SCLD libraries. <u>Picture Book Chat</u> shares some of the best new books to read with early learners.

Learn more about these library events and others at scld.org/events.

Spokane County Library District provides resources, experiences, and places that empower people to learn, explore, and succeed. The District operates 10 libraries that include Airway Heights, Argonne, Cheney, Deer Park, Fairfield, Medical Lake, Moran Prairie, North Spokane, Otis Orchards, and Spokane Valley as well as the mobile library LINC. District library cards are free to Spokane County residents.

For more information about our libraries and programs, please visit scld.org or call 509.893.8200.

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